

## BRUNCH MENU

### NEWLYNS FARMER'S BREAKFAST £12.49

Newlyns two Ye Olde English recipe sausages, two Newlyns home-cured bacon rashers, Newlyns black pudding, two Norton Farm organic fried eggs, roasted tomato, sautéed button mushrooms, hash brown and baked beans served with your choice of farmhouse toast.

### THE NEWLYNS BREAKFAST BUILD UP

Why not create your own bespoke breakfast—just how you like it, by choosing your favourites from our list of breakfast ingredients.

Newlyns Ye Olde English recipe sausage—(each).	<b>1 2 9</b>	<b>£1.85</b>
Newlyns home-cured bacon—(per rasher).	<b>14</b>	<b>£1.20</b>
Newlyns black pudding—(1 slice).	<b>2</b>	<b>£0.85</b>
Roasted tomato—(portion).		<b>£0.85</b>
Sautéed button mushrooms—(portion).		<b>£0.85</b>
Baked beans—(portion).		<b>£0.75</b>
Norton Farm organic egg — fried, poached or scrambled.	<b>4 7</b>	<b>£1.00</b>
Hash brown.	<b>7</b>	<b>£1.00</b>
Fried bread.	<b>2 13</b>	<b>£0.85</b>
Farmhouse Toast—(one round).	<b>2 7 13</b>	<b>£0.75</b>

### NEWLYNS HOT BACON OR SAUSAGE SANDWICH **1 2 7 9 13 14** £7.99

Newlyns home-cured bacon or Newlyns Ye Olde English recipe sausage served either on granary/white baguette or sandwich.

Add Norton Farm organic fried egg. **4** **£1.00**

### THE HEALTHY ONE **4 7 14** **£7.50**

Two chargrilled slices of Newlyns home-cured bacon or sautéed button mushrooms on a bed of fresh watercress, roasted plum tomatoes and topped with a Norton Farm organic poached egg.

### SCRAMBLED EGG & SMOKED SALMON **2 4 5 7 13** **£10.49**

Pinney's smoked salmon and Norton Farm organic eggs on a toasted white muffin or farmhouse toast.

### EGGS ROYALE **2 4 5 7 9 13** **£10.49**

Pinney's smoked salmon and Norton Farm organic eggs on a toasted white muffin or farmhouse toast with The Cold Pressed Oil Co. Hollandaise sauce .

### EGGS BENEDICT **2 4 7 9 13** **£8.49**

With Newlyns ham hock, The Cold Pressed Oil Co. Hollandaise sauce on a toasted white muffin or farmhouse toast.

### NEWLYNS SUPERFOOD START TO THE DAY **2 4 7 12** **£6.99**

Crushed avocado, Norton Farm organic egg of your choice (fried, poached or scrambled), IOW plum tomatoes served on Indigo Bakes Sourdough. (V)

### WESSEX MILL ROLLED PORRIDGE OATS **2 7** **£4.99**

With fresh cream, berry compote and Hampshire honey. (V)

### PASTRIES (V)

Croissant served with butter and Wooden Spoon jam. **2 4 7** **£1.99**

Pain au Chocolat or Pain au Raisin. **2 4 7 13** **£1.85**

### TOAST (V)

Two rounds of farmhouse granary/white served with **2 7 13** **£1.99** butter, Wooden Spoon jam, Wooden Spoon marmalade or marmite.

## YOUNG'UNS BREAKFAST

### NEWLYNS YOUNG'UNS BREAKFAST £5.99

A child's breakfast comprising one Newlyns Ye Olde English recipe sausage, one Newlyns home-cured bacon rasher, one Norton Farm organic egg (fried, poached or scrambled) and baked beans served with a slice of toast.

#### IMPORTANT KEY TO FOOD ALLERGIES & INTOLERANCES

Please check the orange code numbers that are present in your chosen dish with the list below to ensure you are choosing according to your recommended diet. If you are at all unsure before ordering please speak to our staff about your requirements. **(V)** Indicates vegetarian option.

1	CELERY	8	MOLLUSCS
2	GLUTEN	9	MUSTARD
3	CRUSTACEANS	10	NUTS
4	EGG	11	PEANUTS
5	FISH	12	SESAME SEEDS
6	LUPIN	13	SOYA
7	MILK	14	SULPHITES

## LIGHT BITES

BRUNCH IS SERVED FROM 11:30am UNTIL 4:00pm (MONDAY-FRIDAY),  
3pm (SATURDAY) 2:30pm (SUNDAY)

### NEWLYNS BUTTERNUT SQUASH & ROASTED BEETROOT SALAD £8.99

Butternut squash and beetroot roasted in Belazu rose harissa with toasted pecan nuts, avocado and Newlyn's tahini dressing. **9 10 12**

### NEWLYNS CLAM & SMOKED HADDOCK CHOWDER £9.99

Natural smoked haddock with clam meat in a rich creamy broth served with Indigo Bakes sourdough. **1 2 3 5 6 7 8 14**

### NEWLYNS STEAK CIABATTA £8.99

21 day hung flat iron steak in a grilled ciabatta with Stokes Red Onion Marmalade, rocket dressed with Newlyn's house dressing and ready salted crisps. **2 6 9 14**

Add Colston Bassett Stilton **2** £1.00

### PAN ROASTED HADDOCK FILLET WITH SPANISH BEAN STEW £10.99

Pan roasted haddock fillet with a chorizo and mixed bean stew in a light tomato sauce. **1 2 5 6 9 12 13 14**

### NEWLYNS GLADIATOR BEEF BURGER or CHICKEN FILLET £12.99

Chargrilled and served in a brioche bun with baby gem lettuce, IOW tomato, gherkins and Newlyn's burger sauce. **2 4 7 9 12 13 14**

### NEWLYNS HALLOUMI BURGER £13.99

Chargrilled Homewood Hello Ewe Halloumi with Newlyn's sundried tomato pesto, Tenuta Marmorelle chargrilled mixed peppers, served in a brioche bun. **2 6 7 9 10 13 14**

### NEWLYNS PORK CHOP £11.99

Crusted with apricot and winter herbs served with creamy mash potato, buttered vegetables and Newlyn's mustard sauce. **1 2 6 7 9 14**

### NEWLYNS BRITISH CHARCUTERIE SHARING BOARD £16.99

A selection of British charcuterie and cheeses, sundried tomatoes, artichoke hearts, chutneys and fresh breads all from our in-house deli and cheese room. **2 6 7 9 12 13 14**

### CANDIED BEETROOT RISOTTO £9.99

Topped with toasted pine nuts and fresh rocket and finished with grilled St. Ella goats' cheese. **7 9 10**

### HOMEMADE BEER BATTERED FISH & CHIPS £12.49

Andwell Pilsner battered fish, pea purée, Gastro chips and The Cold Pressed Oil Co. Tartare Sauce. **2 4 5 7 9 14**

### NEWLYNS BEEF BOURGUIGNON £10.99

Newlyn's slow cooked beef chuck steak in a red wine sauce with roasted silver onions, Newlyn's home-cured bacon, chestnut mushrooms with creamy mash potato and buttered vegetables. **1 2 6 7 9 14**

### SOUP OF THE DAY - PLEASE ASK A MEMBER OF STAFF £5.75

Served with a farmhouse granary or white soft roll. **2 7 13**

## NEWLYNS SANDWICHES

All served with Newlyn's house salad and house dressing. **9 14**

Gluten Free bread is available for all sandwiches. **6**

Newlyn's free range chicken, home-cured bacon, crushed avocado and mayonnaise. **2 4 6 9 13 14** £9.99

Newlyn's rare roast beef with watercress, The Garlic Farm horseradish mustard with garlic on Indigo Bakes sourdough. **2 6 7 9 12 13 14** £7.99

Newlyn's Crab roll, Dorset brown and white crab meat, lemon mayonnaise, avocado and baby gem lettuce in a pretzel roll. **2 3 4 6 7 9 13** £10.99

Cricket St. Thomas brie with Newlyn's home-cured bacon and Stokes cranberry sauce toasted in a panini. **2 6 7 9 14** £7.99

Chargrilled vegetable wrap with Newlyn's sundried tomato hummus and Newlyn's tahini dressing. **2 6 7 9 12 14** £8.99

Rosary goats' cheese and roasted pepper panini with Newlyn's sundried tomato pesto. **2 6 7 9 10 14** £7.75

Newlyn's sweet-cured ham and Barbers cheddar sandwich — toasted if you like. **2 7 9 13 14** £6.75

## SIDE ORDERS

GASTRO CHIPS (V) £2.99

SWEET POTATO FRIES (V) £3.49

HOUSE SALAD (V) £2.49

IOW tomatoes, cucumber, spring onion, radish and peppers with Newlyn's house dressing. **9 14**