

| VEGETABLES                             |            | MEAT                       |           | DELI   |            |
|--|------------|----------------------------|-----------|--|------------|
| Baking Potatoes                        | £1.59/Kg   | 500g Mince                 | £9.99/Kg  | Frozen Family Steak & Onion Pie                  | £6.99      |
| Washed Mid Potatoes                    | £1.89/Kg   | 500g Braising Steak        | £10.99/Kg | Frozen Family Steak & Kidney Pie                 | £6.99      |
| Wilson Wonder 5kg                      | £5.99 Each | Fillet Steak               | £54.99/Kg | Frozen Family Chicken & Mushroom F               | £6.99      |
| Sweet Potatoes                         | £2.99/Kg   | Ribeye Steak               | £31.25/Kg | Frozen Family Mince & Onion Pie                  | £6.99      |
| White Onions                           | £1.25/Kg   | Sirloin Steak              | £32.99/Kg | Frozen Family Steak & Onion Pie                  | £6.99      |
| Red Onions                             | £1.5/Kg    | Rump Steak                 | £17.99/Kg | Frozen Family Lamb & Mint Pie                    | £7.99      |
| Garlic                                 | £1.39 Ea   | Topside Joint              | £16.99/Kg | Family Steak & Onion Pie                         | £6.99      |
| Carrots Loose                          | £1.25/Kg   | Rolled Sirloin             | £30.99/Kg | Family Steak & Kidney Pie                        | £6.99      |
| Bunched Carrots                        | £2.25 Ea   | Pork Chops                 | £7.50/Kg  | Family Chicken & Mushroom Pie                    | £6.99      |
| Leeks                                  | £2.45/Kg   | Pork Tenderloin            | £12.80/Kg | Family Steak & Onion Pie                         | £6.99      |
| Butternut Squash                       | £1.59/Kg   | Belly Pork Slices          | £6.99/Kg  | Family Lamb & Mint Pie                           | £7.99      |
| Aubergine                              | £3.99/Kg   | Pork Leg Joint             | £8.99/Kg  | Family Steak & Stilton Pie                       | £6.99      |
| Red Pepper                             | £4.25/Kg   | Pork Spare Rib             | £7.50/Kg  | Individual Steak & Stilton Pie                   | £2.99      |
| Yellow Pepper                          | £4.25/Kg   | Duck Breast                | £21.25/Kg | Individual Steak & Onion Pie                     | £2.99      |
| Courgettes                             | £3.65/Kg   | Whole Duck                 | £7.99/Kg  | Individual Chicken & Ham Pie                     | £2.99      |
| Broccoli                               | £2.99/Kg   | Lamb Shoulder              | £14.49/Kg | Individual Chicken & Mushroom Pie                | £2.99      |
| Cauliflower                            | £1.99 Ea   | 1/2 Lamb Shoulder          | £14.99/Kg | Individual Mince Beef & Onion Pie                | £2.99      |
| White Cabbage                          | £1.65/Kg   | Leg of Lamb                | £21.49/Kg | Quiche Lorraine                                  | £7.99      |
| Red Cabbage                            | £1.65/Kg   | 1/2 Leg of Lamb            | £21.49/Kg | Cheese and Onion Quiche                          | £7.99      |
| Savoy Cabbage                          | £1.59 Ea   | Lamb Cutlets               | £26.99/Kg | Scotch eggs                                      | £3.65      |
| Chestnut Mushroom                      | £5.65/Kg   | Lamb Loin Chops            | £25.99/Kg | Sausage Rolls                                    | £2.25      |
| Flat Mushroom                          | £5.59/Kg   | Olde English Sausages      | £9.49/Kg  | Cornish Pasty                                    | £2.75      |
| Fine Beans (150g)                      | £1.99 Ea   | Olde English Chipolates    | £10.99/Kg | Family Pork Pie                                  | £3.65      |
| Swede                                  | £1.79/Kg   | Gluten Freen Sausages      | £9.49/Kg  | Individual Pork Pie                              | £1.75      |
| Celeriac                               | £1.99/Kg   | Pork & Leek Sausages       | £9.49/Kg  | Cold Roast Beef                                  | £19.99/Kg  |
| Parsnip                                | £1.15/Kg   | Unsmoked Back Bacon        | £13.50/Kg | Marmalade Ham                                    | £18.99/Kg  |
| Red Chillies                           | £11.99/Kg  | Unsmoked Streaky Bacon     | £10.99/Kg | Sweetcure Ham                                    | £18.99/Kg  |
| Ginger                                 | £5.25/Kg   | Smoked Back Bacon          | £14.50/Kg | Soup Various Fresh/Frozen                        | £5.49      |
|  |            | Smoked Streaky Bacon       | £11.99/Kg |  |            |
| SALAD                                  |            | READY MEALS                |           | DAIRY  |            |
| Cucumber                               | £1.09 Ea   | IND Chilli con Carne       | £5.49     | Tunworth Cheese                                  | 7.49 Ea    |
| Baby Gem (2pack)                       | £1.35 Ea   | IND Hungarian Goulash      | £5.49     | Barbers Cheddar 250g                             | £15.99/Kg  |
| Cos Lettuce                            | £1.99 Ea   | IND Pork Somerset Stew     | £5.49     | Long Claw Stilton                                | £18.50/Kg  |
| 300g Tomatoes                          | £2.25/Ea   | IND Bolognese              | £5.49     | Luxury Blue Cheese                               | £30.35/Kg  |
| 250g Cherry Tomatoes                   | £1.99 Ea   | IND Beef Stew              | £5.49     | Cricket St Thomas 250g                           | £17.99/Kg  |
| Spring Onions                          | £0.75 Ea   | STD Chilli con Carne       | £9.99     | 1litres Semi Skimmed                             | 1.35 Ea    |
| Bag of Spinach                         | £2.50 Ea   | STD Lasagne                | £10.99    | 2 litres Semi Skimmed                            | £2.15      |
| Bag of Mixed Salad Leaf                | £2.99 Ea   | STD Hungarian Goulash      | £9.99     | 1 litres Full Fat Milk                           | £1.35      |
| Bag Rocket                             | £2.50 Ea   | STD Somerset Stew          | £8.99     | 2 litres Full Fat Milk                           | £2.15      |
| Watercress                             | £0.99 Ea   | STD Chicken Jalferezi      | £11.99    | Ivy House single Cream                           | £2.35      |
| HERBS                                  |            | STD Bolognese              | £8.99     | Ivy House Double Cream                           | £3.25      |
| Corriander                             | £1.99 Ea   | STD Beef Stew              | £8.99     | Butter   | £2.95      |
| Parsley                                | £1.99 Ea   | Family Chilli con Carne    | £19.99    | Tims Yoghurt                                     | £1.10      |
| Basil                                  | £1.99 Ea   | Family Lasagne             | £21.99    |  |            |
| Rosemary                               | £1.99 Ea   | Family Hungarian Goulash   | £19.99    |  |            |
| Thyme                                  | £1.99 Ea   | Family Somerset Stew       | £17.99    |  |            |
| FRUIT                                  |            | Family Chicken Jalferezi   | £23.99    | BREAD  |            |
| Bananas (bunch)                        | 1.99/Kg    | Family Bolognese           | £17.99    | Donker   | £2.75      |
| Clementines                            | £0.49 Ea   | Family Beef Stew           | £17.99    | Pain au leavin                                   | £2.89      |
| Avocado                                | £1.85 Ea   |                            |           | Sliced White                                     | £2.15      |
| Pink Lady                              | £0.49 Ea   |                            |           | Sliced Granary                                   | £2.79      |
| Dessert Apples                         | £0.45 Ea   |                            |           | Split Tin Uncut White                            | £2.59      |
| Lemons                                 | £0.39 Ea   |                            |           | 4 Soft white rolls                               | £2.10      |
| Limes                                  | £0.35 Ea   |                            |           | 4 Granary rolls                                  | £2.35      |
| Raspberries 125g                       | £3.35 Ea   | GROCERY                    |           | Hot Cross Buns                                   | £2.55      |
| Strawberries 400g                      | £3.99 Ea   | Strawberry Jam             | Various   | Cakes (Carrot, Chocolate, Coffee, Ginger, Lemon) | £4.99 Each |
| Blueberries 125g                       | £2.99 Ea   | Raspberry Jam              | Various   |  |            |
| Cooking Apples                         | £1.99/Kg   | Marmalade                  | Various   |  |            |
| Grapefruit                             | £0.89 Ea   | Stokes Tomato Ketchup      | £4.50     |  |            |
| Naval Orange                           | £0.69 Ea   | Stokes Mayonnaise          | £3.75     |  |            |
|  |            | Stokes Brown Sauce         | £3.75     |  |            |
|  |            | Stokes Horseradish         | £4.25     |  |            |
|  |            | Stokes Mint Sauce          | £3.99     |  |            |
|  |            | AP English Mustard         | £3.45     |  |            |
| FISH                                   |            | Burts Crisps Various       |           |  |            |
| Salmon Fillet                          | 21.99 kg   | Flavours Large             | £2.65     |  |            |
| Salmon Fillet in Lemon Ginger & Chilli | £3.99 Ea   | Mr Organic Passata         | £2.29     |  |            |
| Cod fillet                             | £19.99/Kg  | Mr Organic Kidney Beans    | £1.89     |  |            |
| Haddock Fillet                         | £17.99/Kg  | Mr Organic White Beans     | £1.49     |  |            |
| Smoked Haddock                         | £21.99/kg  | Mr Organic Chick Peas      | £1.59     |  |            |
| Tuna Loin                              | £25.99 kg  | Mr Organic Mixed Beans     | £1.49     |  |            |
| Sea Bass Fillet                        | £3.99 each | Stocks Cubes               | £2.55     |  |            |
| Sea Bass in Sweet Pepper Marinade      | £3.99 Ea   | Free Range organic eggs x6 | £2.45     |  |            |
| Sea Bream Garlic and Herb              | £3.49 Ea   |                            |           |  |            |
| Sea Bream Fillet                       | £9.99/Kg   | CRUMBLES                   |           |  |            |
| Halibut Fillet                         | £29.99/Kg  | STD Rhubarb                | £4.99     |  |            |
| Fish Pie Mix                           | £14.99/Kg  | STD Apple                  | £4.99     |  |            |
| Smoked Salmon 114g                     | £6.99 Ea   | STD Apple & Blackberry     | £4.99     |  |            |
| Smoked Salmon 227g                     | £12.99 Ea  | Family Rhubarb             | £8.50     |  |            |
| Hot Smoked Trout Fillets               | £29.99/Kg  | Family Apple               | £8.99     |  |            |
| Smoked Salmon Pate                     | £5.75 Ea   |                            |           |  |            |
| Kippers                                | 9.99 kg    | Family Apple & Blackberry  | £8.99     |  |            |
| Raw peeled tiger prawns (frozen)       | 15.99 1kg  |                            |           |  |            |